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Weekend, April 1-3, 2011
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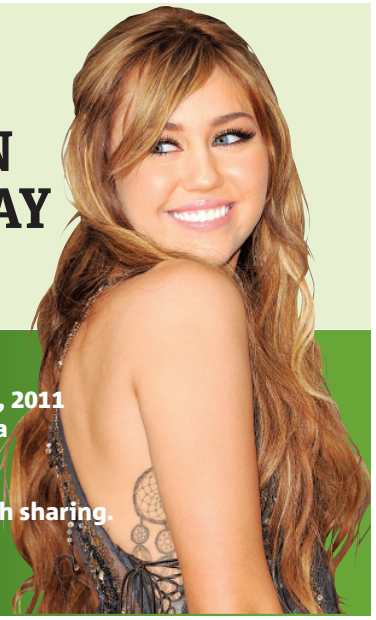
EASTER BUNNY BOMB
CRITICS BRESLIN AND CROUSE AREN'T HIP TO HOP {page 11}

DINNER FOR TWO
FILET MIGNON WITH POMEGRANATE BURGUNDY SAUCE {page 19}

HATER
MILEY NO FAN OF GIRL FRIDAY DISH {page 18}



VANCOUVER metro®
Weekend, April 1-3, 2011
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News worth sharing.

Compass charts new transit path

- TransLink electronic fare card will debut in 2 years
- Winning entry lands Burnaby resident an iPad, card preloaded with a year's worth of transit travel in 2013

TransLink has unveiled the name and design for a new electronic fare card.

Compass, which will debut in 2013, beat out finalists Starfish and TPass as the name for the new smart card. It aims to increase efficiency on the system as well as security for transit users.

TransLink received more than 56,000 entries for the new name, with more than 70 people suggesting Compass.

The entry from Burnaby's Oleksiy Gayda was drawn from all those who submitted Compass.

Mike Madill, TransLink's vice-president of enterprise initiatives, said the new fare cards will help monitor and gather information about day-to-day travels of customers that will be useful in improving transit services.

"It's (also) going to help people by making it easier for them to buy their monthly passes," said Madill. "They'll be able to buy it online or just load their card up. They just tap it on the readers and away they go."

If you lose your Compass card, Madill added, you'll be able to contact customer service to freeze the account and help you transfer the remaining balance to a new card, something you can't do with the current bus passes.

PHYLICIA TORREVILLAS/FOR METRO

▶ TransLink unveils its Compass electronic fare card at Stadium SkyTrain station in Vancouver on Thursday.

This spring, TransLink will also begin construction on the fare gates at SkyTrain and SeaBus stations as a way to reduce fare evasion.

The provincial government is contributing $40 million to the new smart card and fare gate project, together with $30 million from the federal government's Build Canada Fund. TransLink will be shouldering the remaining costs of approximately $100 million. ● PHYLICIA TORREVILLAS

What do you think of the name for the new fare card? Email us at vancouverletters@metronews.ca

Best. Record

▶ Vancouver Canuck Ryan Kesler celebrates his third-period goal against the Los Angeles Kings with teammates, from left, Daniel Sedin, Henrik Sedin and Sami Salo Thursday night at Rogers Arena.

JONATHAN HAYWARD/THE CANADIAN PRESS

Canucks take trophy with win

By beating the L.A. Kings, the Vancouver Canucks claimed the Presidents' Trophy for the first time with the NHL's best regular-season record. Story, page 20.

Sex, power, murder, amen

Actor Colm Feore dons cardinal's robes for The Borgias {page 17}

Man nabbed in fatal stabbing

Street fight escalates into city's 3rd homicide of 2011 {page 3}

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1 news

Nuclear jokes put The Simpsons back in the politically incorrect spotlight. Scan the code for the story.

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On the web at metronews.ca

Stephen Harper is accused of campaigning in a bubble, and reporters are trying to burst it. Video at metronews.ca

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Officials: No radiation increase in B.C. milk

Health officials are reassuring British Columbians they have no need to worry about radiation from milk produced in the province, after tests showed a slight increase in radioactivity in milk in Washington State.

The B.C. Centre for Disease Control says the levels of radioisotope iodine-131 found in sample milk south of the border are so low that they pose no risk to human health.

Canada's food inspection agency has not yet reported results for B.C. milk samples, but tests earlier this week of rainwater and seaweed in Vancouver showed "minuscule" levels of the isotope.

THE CANADIAN PRESS

B.C. Ferries rate hike proposed

B.C. Ferries will be allowed a rate hike of more than four per cent a year on major routes and more than eight per cent a year on northern and minor routes.

A preliminary report by the B.C. Ferry commissioner says the fares can go up April 1 every year from 2012 to 2015.

Members of the public have until June 30 to comment on the proposed fare hikes, before a final decision is made by Sept. 30.

B.C. Ferries was seeking increases up to 20 per cent on main routes, 60 per cent on minor ones and 100 per cent on northern routes over the next four years because of rising costs and stagnant ridership.

THE CANADIAN PRESS

MATT KIELTYKA/METRO

▶ Vancouver police spokesperson Const. Jana McGuinness speaks to media at the corner of Carrall and East Hastings streets Thursday following a fatal stabbing on the block late Wednesday night.

Suspect arrested in fatal stabbing

- Street brawl in Chinatown escalates into fatal stabbing
- 24-year-old suspect arrested near scene

MATT KIELTYKA
@METRONEWS.CA

Vancouver police say a suspect is in custody following a fatal stabbing Wednesday night.

At 11:15 p.m., police say two men got into a fight near the intersection of Carrall and East Hastings streets in Chinatown.

The situation quickly got out of control.

"At one point, one (of the men) was seen chasing the other. It quickly escalated and a man was stabbed," said VPD spokesperson Const. Jana McGuinness. "He died very shortly after being taken to hospital."

Several officers were already near the area and saw the suspect running from the scene.

They gave chase and managed to arrest the suspect, a 24-year-old man.

Charges are pending.

The victim has yet to be identified.

The homicide — Vancouver's third this year — was disturbingly close to where murder victim Raymond Robertson was found dead in his apartment March 11.

McGuinness called a press conference Wednesday to spur public tips in the Robertson case.

"It is alarming being here two days in a row and talking about two homicides within a block of each other," said McGuinness. "They're not at all linked. But for residents living down here, it's concerning, absolutely."

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Police investigate dog disappearances

Police are warning people in Agassiz and Chilliwack to keep a careful watch on their pets after several dogs disappeared from the backyards of Rosedale homes.

"The RCMP is determining whether the disappearances are a matter of theft," said Cpl. Tammy Hollingsworth.

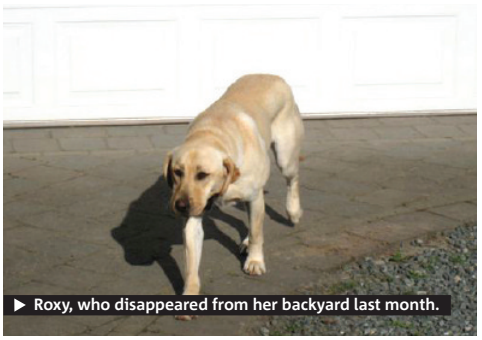
"It's difficult to investigate ... if they don't have some form of proof of ownership. Keep identification tags on your dog at all times, get it tattooed and keep an updated file of veterinarian records."

The most recent dog to have disappeared is two-year-old golden lab Roxy, who went missing on Feb. 28. Her collar was found in the backyard.

"It's absolutely devastating to hear that a pet has been taken from a loving family," said Hollingsworth.

KRISTEN THOMPSON

RCMP HANDOUT



▶ Roxy, who disappeared from her backyard last month.

Tempting trailers to trap thieves

Auto thefts in Vancouver have decreased almost 80 per cent since the implementation of the bait car program

MEAGAN GILL/FOR METRO

▶ Solicitor General Shirley Bond and RCMP Assistant Comm. Fraser MacRae help unveil the top 10 wanted car thieves in Richmond Thursday.

MEAGAN GILL
VANCOUVER@METRONEWS.CA

Police in B.C. have added a new hitch to their successful bait car program.

Solicitor General Shirley Bond unveiled a bait trailer initiative Thursday morning to temp and trap thieves.

"This is the latest weapon in the highly successful Integrated Municipal Provincial Auto Crime Team (IMPACT) arsenal, which put thieves behind bars on a regular basis," said Bond.

Bond said there has been a 65 per cent decrease in car thefts since 2003, but trailer thefts have stayed about the same, with 500 trailers being stolen every year in B.C.

Police attribute the reduction in auto theft to IMPACT and the bait car project. The bait car project was launched in the Lower Mainland in 2002.

2010 thefts

▶ **Incidents** In 2010, there were 1,110 theft-of-vehicle incidents reported to ICBC in Vancouver compared to the 4,770 incidents in 2003. Which is a decrease of 77 per cent.

The project includes bait cars, motorcycles, snowmobiles, boats, and now trailers. The baited vehicles have been placed around the province waiting to be stolen.

Bond and members of the Lower Mainland police presented this year's top 10 most-wanted vehicle thieves.

Topping the list is Xiao Sean Zhang, 25, the driver of a vehicle that killed a vacationing doctor from New Zealand in a 2006 hit and run. Police allege that Zhang finds cars for sale on Craigslist and then steals them during the test drive.

Gamer's mad love for Japan

Vancouver's gaming community has joined others from around the world in support for the Japanese video game industry via a special video called Gamers Heart Japan, which premieres Sunday on broadcast networks G4 and SPACE. The special aims to raise awareness for Red Cross relief efforts in Japan and features interviews from top gamers.

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Los Angeles	from $258 + taxes & fees $109
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Dallas	from $399 + taxes & fees $125
New York	from $459 + taxes & fees $147
Honolulu	from $468 + taxes & fees $129
Hong Kong	from $659 + taxes & fees $213
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Costa Rica	from $770 + taxes & fees $268
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from **$199**
+ taxes & fees $53
INCLUDES cruise from Vancouver to Seattle, 1 night University district accom with return bus transfer to Vancouver.

Las Vegas Air + 3 Nights + 5-Night Cruise from $629 + taxes & fees $144
INCLUDES cruise to Los Angeles from Vancouver visiting Astoria & San Francisco, air to Las Vegas, 3 nights accom on the Vegas Strip and air to Vancouver. UPGRADE to oceanview stateroom from $32 per night.

Mediterranean Air + 3 Nights + 8-Night Cruise from $1299 + taxes & fees $663
INCLUDES roundtrip air to London, 3 nights central London accom with breakfast daily, and 8-night cruise visiting Amsterdam, La Rochelle, Bilboa, La Coruna & Cherbourge (Basse-Normandie). Roundtrip from Southampton.

Escorted Tours

Asia 15-Day Tour
from **$1229**
taxes & fees included
HIGHLIGHTS Kathmandu, Pakding/Namche Bazaar, Tengboche, Dingboche, Lobuche/Everest Base Camp, Tengpoche, Mongo & Lukla . Roundtrip Kathmandu.

Africa 14-Day Tour from $1240 + local payment $875 USD
HIGHLIGHTS Nairobi, Arusha, Karatu, Serengeti National Park, Ngorongoro Crater, Marangu, Usamabara Mountains, Dar es Salaam & Zanzibar. Travel Nairobi to Dar es Salaam.

Europe 9-Day Tour from $1674 taxes & fees included
HIGHLIGHTS Budapest, Vienna, Rosenburg, Prague, Dresden & Berlin. Travel Budapest to Berlin.

USA

Las Vegas
Air + 3 Nights
from **$249**
+ taxes & fees $106
INCLUDES accom on the Las Vegas Strip.

Seattle Star Wars Exhibit 2 Nights from USD $254 taxes & fees included
INCLUDES 4-star central accom, ticket for Star Wars Exhibit at the Pacific Science Center, roundtrip monorail pass & valet parking.

Anaheim Family Special Air + 4 Nights from $338◊ + taxes & fees $106
INCLUDES accom near theme parks. Price per person based on a family of 4. ADD 3-day *Disneyland* Resort *Park Hopper* Bonus Ticket from $195/adult, $172/child (ages 3-9 yrs).

San Francisco Air + 3 Nights from $358 + taxes & fees $110
INCLUDES accom in the heart of downtown San Francisco. ADD hop-on, hop-off San Francisco trolley tour from $40.

Hawai'i Air + 5 Nights from $599 + taxes & fees $132
INCLUDES Waikiki accom close to the beach, restaurants and entertainment.

New Orleans Air + 4 Nights from $669 + taxes & fees $120
INCLUDES accom in the historic French Quarter.

Vacations

Scotland
Air + 6 Nights 4-Star + Golf
from **$1099**
+ taxes & fees $474
INCLUDES air to Glasgow, all transfers, 6 nights accom & 5-rounds of golf. BONUS hot buffet breakfast & choice of lunch or dinner daily.

Thailand Air + 8 Nights from $1195 + taxes & fees $477
INCLUDES air to Bangkok, total 2 nights central Bangkok accom, roundtrip air from Bangkok to Koh Samui and 6 nights Koh Samui beach accom.

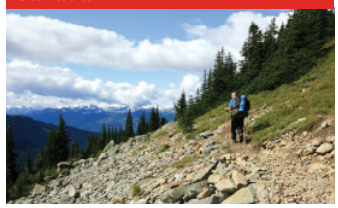
Cuba Air + 2 Nights + 8-Day Tour from $1555 + taxes & fees $192
INCLUDES air into Havana, 2 nights 4-star, central Havana accom & 8-day Cuba tour, roundtrip Havana. HIGHLIGHTS Viñales, Maria La Gorda & Soroa.

Goa & London Air + 11 Nights from $1729 + taxes & fees $668
INCLUDES 2 nights 3.5-star London accom and 9 nights 4-star beachfront resort accom in Goa.

Spain Air + 3 Nights + Running with the Bulls Tour from $1869 + taxes & fees $548
INCLUDES air to Pamplona, 5-day Pamplona Camping tour, air to Barcelona and 3 nights central Barcelona accom. HIGHLIGHTS San Fermin Opening Ceremony, Running with the Bulls & San Sebastian.

Peru Inca Trail Air + 4 Nights 7-Day Tour from $2199 + taxes & fees $411
INCLUDES all air, 2 nights Lima accom, 7-day Inca Trail tour and 2 nights Cusco accom.

Canada



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Okanagan Fest-of-Ale, 2 Nights from $139 taxes & fees included
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Toronto & Montreal Air + 7 Nights + Car from $1169 + taxes & fees $135
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CRUISE roundtrip Los Angeles and visit Puerto Vallarta, Cabo San Lucas & Mazatlan.

Western Caribbean 7-Night Cruise from $422 + taxes & fees $100
CRUISE roundtrip New Orleans and visit Costa Maya, Roatan, Belize City & Cozumel.

UK & Ireland 4-Night Cruise from USD $497 + taxes & fees USD $76
CRUISE roundtrip Southampton and visit Cork (overnight).

Mediterranean 5-Night Cruise from USD $599 + taxes & fees USD $92
CRUISE roundtrip Barcelona and visit Cannes, Livorno (Florence/Pisa) & Civitavecchia (Rome).

Alaska 7-Night Cruise from USD $799 + taxes & fees USD $129
CRUISE roundtrip Vancouver and visit Icy Strait, Juneau & Ketchikan.

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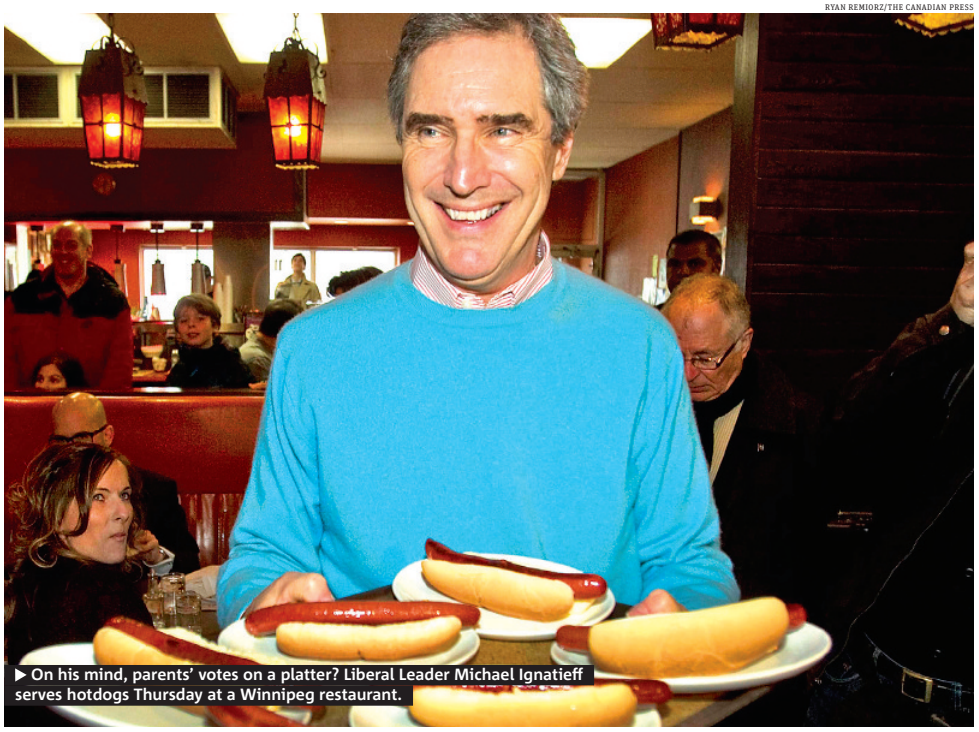
RYAN REMIORZ/THE CANADIAN PRESS



▶ On his mind, parents' votes on a platter? Liberal Leader Michael Ignatieff serves hotdogs Thursday at a Winnipeg restaurant.

Iggy's plate of goodies for kids

Liberals would spend $1 billion on child-care plan

Election 2011

Michael Ignatieff says a Liberal government would spend up to $1 billion per year to fund more child care and early learning spaces across Canada.

It would be a simpler program than the often-promised, never-completed national day-care system promised by various Liberal governments.

The Liberal leader said this proposal would get money flowing, quickly, to the provinces for child-care spaces instead of creating new bureaucracies.

The new idea is to let provinces and territories simply draw money from an Early Childhood Learning and Care Fund, to hire more teachers and open more spots for kids stuck on preschool waiting lists.

The Liberals say they would start with a $500-million investment in the first year, rising to $1 billion by the fourth year.

"We want to focus on what the issue is: long lists, parents desperate to get their children into a great early learning and child-care experience," Ignatieff said in Winnipeg.

But senior Liberal aides weren't able to provide many details — including how it would be paid for.

They said "better choices" would help afford it.

Some of that money would come from hiking corporate taxes. The Liberals figure they'll rake in another $6 billion a year by raising the business tax to last year's rate of 18 per cent from 16.5 per cent.

THE CANADIAN PRESS

The promises

Past Liberal leaders have promised different incarnations of the child-care plan over the years.

- In the 2008 election campaign, then-Liberal leader Stéphane Dion promised $1.2 billion a year for child care.
- Before that, Paul Martin's Liberal government was working on a national system that would receive $5 billion from Ottawa.
- The Liberals' proposed national plan was scrapped when the Harper government took office in 2006.

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NASSER NASSER/THE ASSOCIATED PRESS

▶ Libyan rebels prepare heavy machine gun ammunition during an exchange of fire with pro-Gadhafi forces, along the front line outside the eastern town of Brega on Thursday.

Libyan officials trying to defect, says diplomat

Attacks on civilians reportedly triggering decisions

Most high-level Libyan officials are trying to defect but are under tight security and having difficulty leaving the country, a top Libyan diplomat now supporting the opposition said Thursday.

Ibrahim Dabbashi, Libya's deputy UN ambassador, told The Associated Press that Libya's UN mission, which now totally supports the opposition, knew two days in advance that Foreign Minister Moussa Koussa planned to defect on Wednesday.

He said the mission had been waiting for about 10 days for Thursday's defection of Ali Abdessalam Treki, a former foreign minister selected by Moammar Gadhafi to be the new UN ambassador.

Refusal

- Britain refused Thursday to offer the Libyan former foreign minister immunity from prosecution after his apparent defection, raising the possibility that Moussa Koussa could be prosecuted for his past role in propping up Moammar Gadhafi's regime.
- Within hours, Scottish prosecutors said they were seeking Koussa for questioning over the 1988 Lockerbie bombing that killed 270 people, many of them Americans.

Asked why senior Libyan officials are defecting — or want to defect — now instead of last month when opposition protests against Gadhafi's 41-year rule began, Dabbashi said it was a reaction to the regime's attacks on civilians.

Dabbashi said Koussa's defection in Britain is especially significant because he was the chief of external intelligence for about eight years and foreign minister for about two years.

"I think that he has a lot of secret information about the regime — about the current operations by Libya during the last decades," Dabbashi said.

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2.8 Manufacturing overall grew 2.8 per cent, compared with a 0.8 per cent gain in December.

Auto sector boosts GDP

Canada's economy began the year as strongly as it ended 2010, posting a robust 0.5 per cent expansion in January that sets the stage for a strong first quarter of growth.

The performance was in line with market projections, but still was a mild surprise because many economists had worried of a possible payback after December's equally strong 0.5 per cent gain in gross domestic product. As well, retail sales were already known to have declined 0.3 per cent during the month.

But the auto sector, which had largely underperformed in December, came to the rescue with a 2.8 per cent pickup.

Scotiabank economist Derek Holt noted that while the overall advance was impressive, it is not likely to be repeated in February. In particular, the auto boost was exaggerated by shutdowns the previous month for retooling.

"It's a total head fake. It's reflecting the unusually timed production factor in the auto and feeder industries," he explained. "It's not sustainable."

The economy is on track to record a growth rate of about four per cent in the first quarter, even with tepid data in February and March, analysts noted — any future growth is calibrated from a higher base.

The January data almost certainly means the Bank of Canada will need to revisit a lukewarm reading of the economy taken in January.

THE CANADIAN PRESS

Growth

- In January, Statistics Canada said growth was broadly based in both durable and non-durable goods, with makers of fabricated metal products and the auto sector posting the largest increases.

Chairman. Gives up chair

▶ Frank Stronach is shown speaking at the company's AGM in Markham, Ont., on Thursday.

FRANK GUNN/ THE CANADIAN PRESS

Magna magnate to resign

Frank Stronach plans to step down as chairman of Magna International Inc. after the company's annual meeting this year. Stronach became one of Canada's richest people by creating Magna and building it into one of the world's largest suppliers of auto parts.

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PUBLIC MOBILE

Telecom firm eyes takeovers

Public Mobile expects at least one of the two other new players in Canada's wireless market to run out of money by the end of the year, presenting the company with a possible expansion opportunity, CEO Alek Krstajic said Thursday. He was referring to Wind Mobile and Mobilicity and acknowledged that he has made calls to them. Consolidation is possible because there are no federal rules to prevent it, he said.

Telecom analyst Mark Goldberg said he expects there will be "some degree" of consolidation in the wireless industry due to the "remarkable" number of wireless players in Canadian cities.

Krstajic said the Toronto-based company will soon offer email plans and a voice-only plan to try to win more customers.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
+ 32.52 (14,116.1)	+ 0.19¢ (103.14¢ US)	+ $2.45 US ($106.72 US)	$4.415 US (+ 6¢ US)	$1,439.90 US (+ $15 US)

Social media mean business

Small companies slowly catching on to the benefits of digital marketing

With some of the fastest broadband connections in the world, most Canadians have embraced the Internet. Yet small businesses are late to the table when it comes to online marketing.

"The gap between where consumers are and where businesses are in terms of Internet use is greater than I expected," says Chris O'Neill, managing director of Google Canada.

O'Neill says digital media offer an easy way to track consumer awareness of one's business. But only one million or so Canadian small businesses have a website, out of a total of about 2.2 million, he says.

While it is difficult to measure return on investment for digital advertising, a recent study of email versus direct-mail costs by digital agency Quizative Inc. found email to be 60 times more cost-effective. And online ad revenue is "rapidly closing in on daily newspaper ad revenue," according to the Interactive Advertising Bureau of Canada.

Promod Sharma of Etobicoke, Ont., is one of 15 million Canadians with a Facebook page. He's also on Twitter and LinkedIn, and has a website for his insurance business, Taxevity.

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Promod Sharma of Etobicoke, Ont., began using Twitter about four years ago and has since learned that it's a way to drive traffic to his business blog.

But it took him a while to understand the value of social media.

"Then I saw that Twitter was a way to drive traffic to my blog," he says, which in turn was a way to attract customers to his business.

TORSTAR NEWS SERVICE

For the self-employed, tax season is every season

While income-tax time may be in the rear-view mirror for most Canadians come summer, some may discover — by way of a letter from the Canada Revenue Agency — that the tax man isn't quite done with them yet.

The CRA electronically analyzes the 25 million individual tax returns filed each year. Some are singled out for review because they raise red flags, while others are part of a random sample to make sure all taxpayers are playing by the rules, the CRA says on its website.

"They're very, very selective. They're looking at specific areas of compliance that they consider to be higher risk," says Jamie Golombek, managing director of tax and estate planning with the Canadian Imperial Bank of Commerce in Toronto.

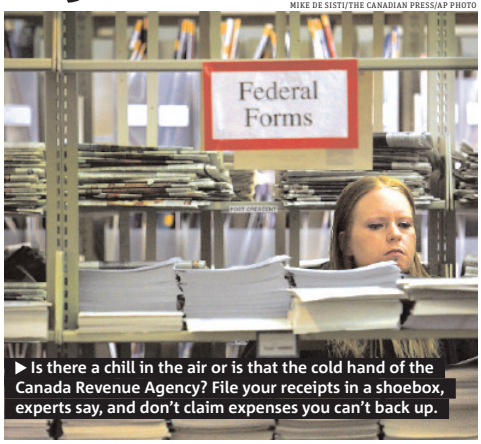
For instance, the CRA tends to zero in on the self-employed, to make sure personal expenses aren't being deducted as business expenses.

"Do you really use 40 per cent of your home as your office, or is it something like 20 per cent? The government scrutinizes that," says Cleo Hamel, a senior tax analyst with H&R Block.

"When you're claiming automobile expenses, for instance, they really want to see a log. Those are key ones that get picked out."

The CRA also makes sure slips taxpayers get from third parties — such as T4s from employers and T5s from banks — match copies it automatically receives. Credits for child care, medical expenses and donations can also be singled out for scrutiny.

MIKE DE SISTI/THE CANADIAN PRESS/AP PHOTO



▶ Is there a chill in the air or is that the cold hand of the Canada Revenue Agency? File your receipts in a shoebox, experts say, and don't claim expenses you can't back up.

Hamel recommends taxpayers claim only deductions they can back up.

"If you don't have the receipt for the newspaper ad you put in, don't claim it. You're better off," she says.

THE CANADIAN PRESS

In an expansive Mood

Mood Media Corp. will partner with the Argos department-store chain in Britain to sell CDs and DVDs aimed at babies and toddlers. The Fisher-Price branded educational videos will start selling in July. The companies did not disclose the monetary value of the deal.

Argos is the U.K.'s No.1 toy retailer, with 700 locations across Britain.

Toronto-based Mood Media works in 800 retail chains including Walmart, Polo and Abercrombie & Fitch in 30 countries and provides them with music and visual or scented products. In the past few weeks it bought American elevator-music pioneer Muzak for $345 million US and announced a deal to provide music to McDonald's restaurants in Poland. It also bought a Finnish background music provider.

THE CANADIAN PRESS

Just try to take us over: Air Canada

Air Canada's board has adopted a shareholder rights plan to make a hostile takeover more difficult, even though the company says it's not aware of anyone looking to buy the airline. The plan comes into effect immediately but must be ratified by shareholders at Air Canada's annual meeting on May 5. The company said it gives the board and shareholders more time to fully consider any takeover bid and possibly pursue more lucrative alternatives.

THE CANADIAN PRESS

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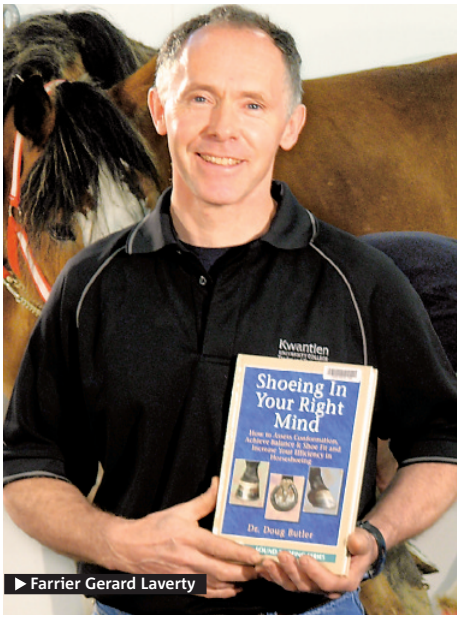

▶ Farrier Gerard Laverty

5 MINUTES WITH: GERARD LAVERTY

Far from being a dying art, the farrier industry is alive and well in B.C. and even lends itself to international competition. Metro caught up with Gerard Laverty, who learned the trade in Ireland and now teaches at Kwantlen Polytechnic University's farrier program. He was also a judge at the World Horseshoeing Classic in Kentucky last month.

How do farrier competitions work and how do you judge them?
It was a team competition and there were three different countries represented. Each team had to shoe a different horse each day, starting with a draft horse, a carriage-type horse and a fox-hunting horse. The job can be broken up into three parts: Trimming the horse's hoof, then translating that into the shoe that's required for that (horse's) particular job, then making it fit, nailing it on and finishing it up. They have a minimum amount of time to do the job but it doesn't allow for any mistakes.

Tell me about Kwantlen's program.
It's a nine-month program and allows (students) to develop the skills to become apprentices with practising farriers. Our student body is primarily made of women. They have to have minimum two years' horse experience, but most of them have much more than that. That's where they develop the interest to start with. Right from Day 1 they're in the shop, applying what they learn to their cadaver legs and then live horses. Pretty quickly they're working on horses. By the time they leave they can shoe a horse by themselves.

What are some of the challenges of the job?
The workload. The difficulty of making sure you don't get hurt. You need to be fit — it's very physical, and you need to have good horsemanship skills so you can read a horse very quickly. Some are difficult, frightened or untrained. In the shop we do a little bit of yoga and we do two one-hour exercise sessions each week focusing on getting students as fit as possible.

Why do you love the profession?
You can set your own schedule, and there's nothing nicer than driving down a country road on a summer day to work with horses. Horses respond to good handling and once you've developed a relationship with a horse, that can last for years. The Formula One race cars have a mechanic, (horses) have farriers. It's all about problem solving.

KRISTEN THOMPSON

Cartoon

MICHAEL DE ADDER

More bang for your buck

Worth mentioning

A Montana RadioShack owner said he will continue to give away guns with satellite television subscriptions despite the corporation's insistence he halt the promotion.

Since October, independent dealer Steve Strand has been offering a gift card for a $125 pistol or $115 shotgun and a free background check to customers who sign up for two-year Dish Network packages.

Those not interested in the firearms can opt for a $50 pizza gift certificate.

RadioShack Corp. officials called Strand Tuesday and ordered him to pull the promotion, he told the Ravalli Republic. Strand refused, saying he is within his rights as a legal dealer and is now seeking legal representation.

"RadioShack has taken the position that we're tarnishing their brand image with the promotion," he said. "I don't think this is a negative impact. I don't think they understand the way of life in Montana."

In an attempt to appease the company, Strand has taken down the sign in his window that said: "Protect yourself with Dish Network. Sign up now, get free gun."

In its place is a sign advertising a website Strand set up detailing the promotion, GetaGun.net.

THE ASSOCIATED PRESS

The way of life in Montana

DAVID ERICKSON/RAVALLI REPUBLIC/THE ASSOCIATED PRESS

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Metro Minute with Sensation of Magic

If you're looking for an entertaining way to spend your Friday night with friends or family, why not join Vitaly Beckman in an evening of wonders?

With the use of arts and crafts of illusion, Beckman creates jaw-dropping and mind-boggling magic. Sensation of Magic performances have sold out various Vancouver theatres, leaving audience members in awe with people wondering how every trick was executed.

Watch Sensation of Magic Friday at 7:30 p.m. at the Presentation House Theatre, 333 Chesterfield Ave., North Vancouver.

For tickets, call the box office at 604-990-3474 or visit phtheatre.org.

PHYLICIA TORREVILLAS

Three days to play

WHAT DO YOU THINK OF COMPASS AS THE NAME FOR TRANSLINK'S NEW ELECTRONIC FARE CARD? THE OTHER FINALISTS WERE STARFISH AND TPASS.

Robynn Holmstrom
VANCOUVER
It's definitely the best choice of the three. I think Starfish is kind of goofy.

Mary Macisaac
VANCOUVER
I guess of the three finalists, (Compass) is the most relevant to transportation. But it's not particularly creative or mind-grabbing.

▶ James Marsden stars in Hop, which opens today.

2 scene

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Don't Hop to it

Richard Crouse and Mark Breslin debate the merits of Hop There isn't much for the adults in this kid's film, even with a cameo by David Hasselhoff

Richard Crouse: Mark, to me Hop feels more like an hour-and-a-half advertisement for plush stuffed bunnies than it does a movie. EB and his bunny and Easter chick friends are cute but clearly more time was spent on the marketing angle than the story. What did you think?

Mark Breslin: Richard, let's face it; we've lost the battle when it comes to marketing of characters in kids' movies. I now just assume that the movie is a promo for the spending to come. A five-year-old will be transfixed by the eye candy onscreen; the question is whether there's anything for their parents to enjoy.

In movies like Toy Story or Shrek, there's plenty. But in this one, Richard? What do you think?

Plot synopsis

- Hop begins on Easter Island, home base of the Easter Bunny (voice of Hugh Laurie) and his son EB (Russell Brand). On the other side of the planet, Fred O'Hare (James Marsden) is an unemployed So-Cal slacker house sitting for his sister's wealthy boss. Both EB and Fred have one thing in common — daddy issues. When EB and Fred hook up in Hollywood, the pair discovers they might be able to help one another out and save Easter in the process.
- **Ratings:**
  Richard: ⊕
  Mark: ⊕½

RC: The humour and broad acting style is directed at little kids, yet the movie is rated PG, which means that parents can't just send their kids solo. Grown-ups might get a chuckle out of EB's jelly-bean gag — he poops jelly-beans and says at one point, "I just jellybeaned all over your dreams" — but the odd cameo from David Hasselhoff — he's going for the William Shatner self-aware shtick — is as funny as you'd imagine a cameo from The Hoff to be. There's not much here for anyone over four years old. Harvey this ain't.

MB: No, but I did enjoy the look of the movie, all primary colours and a few visual gags that popped up just often enough to keep me from losing my mind. The oddest part of the movie was the casting, and not just Hasselhoff. I thought Russell Brand, the comedian du jour, had been so neutered he was wasted in the part (and I don't mean wasted in the usual Russell Brand way). Couldn't the part have been done by Any Brit?

RC: If this had even a little bit of edge I could see why they chose him, but as it seems like he's only there because Ricky Gervais and Eddie Izzard were too busy or too clever to take the role. I actually had some hope for Hop when I heard Brand was involved because I thought he might bring something interesting to it. Instead it is just average, which is a shame given how kid's flicks have made strides in recent years away from treating kids like they're stupid.

MB: Of course to the four-year-old sitting next to me, it was Citizen Kane

Scene in brief

Bruce Springsteen has written a Letter to the Editor to what he calls his hometown newspaper. Springsteen on Thursday thanked the Asbury Park Press for a March 27 article about how anti-poverty groups in New Jersey are facing an uphill battle as Gov. Chris Christie seeks to cut spending.

Springsteen writes that the "article shows that the cuts are eating away at the lower edges of the middle class, not just those already classified as in poverty."

THE ASSOCIATED PRESS

Norm Macdonald says new show brings him back to Weekend Update territory

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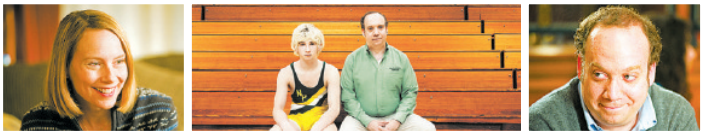

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Brains push Source Code above pack

Source Code
Genre: Action/Comedy
Director: Duncan Jones
Stars: Jake Gyllenhaal, Michelle Monaghan, Vera Farmiga
●●●½

The best thing about Source Code is that it represents what science fiction films should be. This isn't a brain dead blow 'em up with ray guns, but a clever thought experiment woven into an action movie.

The film stars Jake Gyllenhaal as a solider in a secret government experiment that allows him to repeatedly relive the last eight minutes in the life of a victim of a terrorist attack in the hopes of discovering the man responsible and preventing a subsequent bombing. It's kind of like a sci-fi/thriller variation on Groundhog Day with the hero trying to save a city rather than lighten up.

Duncan Jones directs, and while it feels like a step down intellectually from his excellent 2009 debut Moon, he does get to strut his stuff as an action director. Jones nimbly balances the thrills and heady concepts for the most part, but the script wraps up in a rather pat and sentimental manner that feels somewhat cheap. Still, despite stumbling across the finish line, Source Code is easily one of the most intriguing films to emerge from Hollywood this year.

PHIL BROWN

Essential Killing
Genre: Drama
Director: Jerzy Skolimowski
Stars: Vincent Gallo, Emmanuelle Seigner, Zach Cohen
●●●½

Vincent Gallo (Buffalo '66) gives a compelling performance as a mysterious Taliban fugitive running for his freedom in Essential Killing – a simple but profound drama. Directed by Veteran Polish filmmaker Jerzy Skolimowski, the intensity of this slow-paced nail biter is punctuated by the fact that Gallo doesn't even speak a word.

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Insidious
Genre: Horror
Director: James Wan
Stars: Patrick Wilson, Rose Byrne, Ty Simpkins
◍◍◍◍
Insidious sees James Wan mining the elegance of classic supernatural shockers like Poltergeist while sculpting a contemporary ghost story that is as gorgeously produced as it is blood freezingly frightening. Rose Byrne and Patrick Watson star as parents under the strain of domestic demands who are inexplicably torn apart by the arrival of the evil dead.
CHRIS ALEXANDER

Win Win
Genre: Comedy
Director: Thomas McCarthy
Stars: Paul Giamatti, Amy Ryan, Jeffrey Tambor
◍◍◍½
Thomas McCarthy follows up The Visitor with another low-key character piece about outsiders forming makeshift families. This time his focus is on Paul Giamatti's struggling small-town lawyer and wrestling coach who manipulates a judge to make extra cash off of an elderly client and then finds himself caring for the man's troubled and talented wrestler grandson. As usual, what sounds like a soapy set up feels painfully real and hilarious in McCarthy's hands.
PHIL BROWN

Wrecked
Genre: Thriller
Director: Michael Greenspan
Stars: Adrien Brody, Caroline Dhavernas, Ryan Robbins
◍◍◍
Wrecked is a solid thriller that dedicates its entire running time to Adrien Brody escaping from a destroyed car in the woods with several dead bodies, a bag of money and a broken leg to slow him down. The problem is that the film bares striking resemblance to both Buried and 127 Hours and doesn't hold up well in comparison to either. This movie is a more straightforward mystery/thriller that gradually reveals who Brody is with constant clever misdirection keeping secrets until the final scene.
PHIL BROWN

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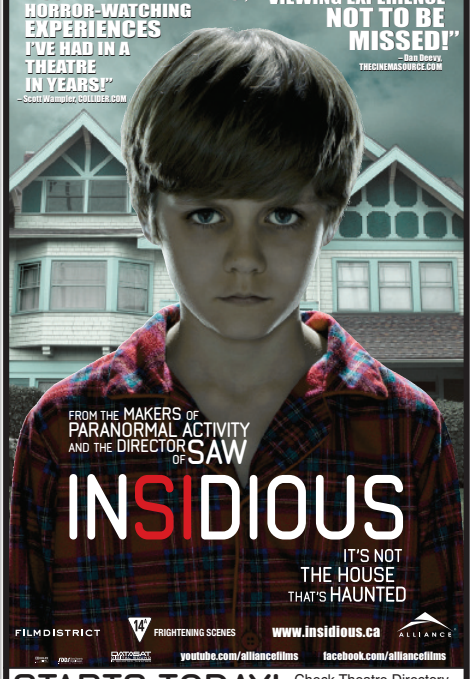

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VANCOUVER

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

Hubble (STC) Fri-Sun 1-3
The Ultimate Wave Tahiti (STC) Fri-Sun 2

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Hop (G) Fri 5-7:10-9:05 Sat-Sun 12:45-2:50-5-7:10-9:05 Mon-Thu 5-7:10-9:05

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

Barney's Version (STC) Fri-Mon 1:10-3:50-6:50-9:30 Tue 1:10-3:50-9:30 Wed-Thu 1:10-3:50-6:50-9:30
Biutiful (14A) Fri-Thu 1-4-7-9:50
Limitless (PG) Fri-Thu 1:45-4:30-7:20-9:40
Of Gods and Men (PG) Fri-Mon 1:30-4:10-6:40-9:10 Tue 1:30-4:10-9:10 Wed-Thu 1:30-4:10-6:40-9:10
Win Win (PG) Fri-Thu 2-4:45-7:10-9:25

GRANVILLE
855 Granville St., 604-684-4000

Blue Valentine (14A) Fri 6:30-9:10 Sat 4:05-6:30-9:10 Sun 4:05-9:10 Mon-Thu 5:40-8:15
Exit 67 (14A) Fri-Sun 4:20-6:55-9:25 Mon-Thu 5:30-8:25
Gulliver's Travels (G) Fri 4:05
Hall Pass (14A) Fri-Sun 9:35 Mon-Thu 8:30
Incendies (PG) Fri 4:6:40-9:30 Sat 4 Sun 4-6:40-9:30 Mon-Thu 5:20-8
The Last Godfather (PG) Fri 6:45-9:15 Sat-Sun 4:15-6:45-9:15 Mon-Thu 5:35-8:10
Mars Needs Moms (G) Fri-Sun 4:30-7 Mon-Thu 5:50
Red Riding Hood (PG) Fri-Sun 4:10-6:35-9:40 Mon-Thu 5:25-8:05
Unknown (PG) Fri-Sun 4:10-6:50-9:20 Mon-Thu 5:45-8:20
WWE Wrestlemania XXVII - 2011 (STC) No Passes Sun 4
Yogi Bear (G) Fri 4:15

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

127 Hours (14A) Fri 7:30 Sat-Sun 1:30-7:30 Mon-Wed 7:30
Godzilla, King of the Monsters (STC) Sat 12
Mesrine: Killer Instinct (14A) Fri 9:15 Sat-Sun 3:15-9:15 Mon-Wed 9:15
No Films Showing Today (STC) Thu

OAKRIDGE
650 West 41st Ave., 604-263-1944

Diary of a Wimpy Kid: Rodrick Rules (G) Dolby Stereo Digital Fri-Sun 1-4-7-9:30 Dolby Stereo Digital Mon-Thu 5-8
Rango (PG) DTS Digital Fri-Sun 1:15-4:15-6:45-9:15 DTS Digital Mon-Thu 5:10-7:45
Sucker Punch (14A) DTS Digital, No Passes Fri-Sun 1:30-4:30-7:15-9:50 DTS Digital Mon-Thu 5:20-8:15

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

Head Cold (STC) Fri 7
In the Realm of the Senses (STC) Wed 7
The Leopard (STC) Sat-Sun 3-6:30 Mon 6:30
Merry Christmas Mr. Lawrence (STC) Wed 9:05
Rebirth of a Nation (STC) Thu 7

PARK THEATRE
3440 Cambie Street, 604-876-2747

Jane Eyre (G) Fri-Thu 1:15-4-7-9:25

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

The Lincoln Lawyer (14A) Fri 4-7-9:25 Sat-Sun 1:30-4-7-9:25 Mon-Thu 4-7-9:25
Young Avraham (STC) A.M. Sun 10:30

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Cry Baby (STC) Fri 12
Sucker Punch (14A) Fri 7-9:30 Sat-Sun 4:15-7-9:30 Mon-Thu 7-9:30

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Battle: Los Angeles (14A) Fri-Thu 1:15-4:15-7:20-10:15
Insidious (14A) No Passes Fri-Thu 1:40-4:30-7:30-10:20
Just Go With It (PG) Fri 12:40-3:45-6:45-9:40 Sat 4-6:45-9:40 Sun 12:40-3:45-6:45-9:40 Mon-Tue 12:55-3:45-6:45-9:40 Wed 12:55-3:45-10:15 Thu 12:55-3:45-6:45-9:40
The King's Speech (PG) Fri-Sun 12:30-3:30-6:30-9:30 Mon-Tue 12:45-3:30-6:30-9:30 Wed 12:45-3:30-10 Thu 12:45-3:30-6:30-9:30
The Lincoln Lawyer (14A) Fri-Thu 1:10-4-6:50-10
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 10
One Flew Over the Cuckoo's Nest (18A) Wed 7
Rango (PG) Fri-Thu 12:50-3:40-6:40-9:20
Source Code (PG) No Passes Fri-Thu 1:20-4:10-7-9:50
Sucker Punch (14A) Fri-Thu 1-1:30-3:50-4:20-7:10-7:40-10:10-10:30

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street,
604-683-Film
vifc.org

Camille la Traviata (STC) Thu 7
In the Heat of the Night (STC) Tue 7:30
La Nostra Vita (STC) Fri 6:30 Sat 5:45 Sun 4-7:30 Mon 6:30 Wed 6:30
Le Quattro Volte (PG) Fri 8:20 Sat 4-7:45 Sun 5:45 Wed 8:20

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

Call Theatre For Showtimes (STC) Fri-Thu

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

The Adjustment Bureau (PG) Fri 6:30-9:20 Sat-Sun 1:05-3:40-6:30-9:20 Mon-Thu 6:30-9:20
Hobo With a Shotgun (18A) Fri-Thu 9:55
Insidious (14A) No Passes Fri 7:20-9:50 No Passes Sat-Sun 1-3:30-7:20-9:50 No Passes Mon-Thu 7:20-9:50
Limitless (PG) Fri 6:40-9:30 Sat-Sun 1:25-4:10-6:40-9:30 Mon-Thu 6:40-9:30
Mars Needs Moms (G) Fri 7:30 Sat-Sun 1:30-4:20-7:30 Mon-Thu 7:30
Source Code (PG) Fri 7:05-9:45 Sat-Sun 1:20-4-7:05-9:45 Mon-Thu 7:05-9:45
Sucker Punch (14A) No Passes Fri 6:50-9:40 No Passes Sat-Sun 1:10-3:50-6:50-9:40 No Passes Mon-Thu 6:50-9:40

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Diary of a Wimpy Kid: Rodrick Rules (G) Fri 7-9:30 Sat-Sun 1:30-4:10-7-9:30 Mon-Thu 6:50-9:25
Hop (G) No Passes Fri 6:30-9:10 No Passes Sat-Sun 1-3:30-6:30-9:10 No Passes Mon-Thu 6:30-9
The King's Speech (PG) Fri 6:40-9:20 Sat 3:55-6:40-9:20 Sun 1:15-3:55-6:40-9:20 Mon-Tue 6:40-9:30 Wed 9:30 Thu 6:40-9:30
The Lincoln Lawyer (14A) Fri 7:20-9:55 Sat-Sun 1:25-4-7:20-9:55 Mon-Thu 7-9:40
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 10
Paul (14A) Fri 7:10-9:40 Sat-Sun 1:10-3:40-7:10-9:40 Mon-Thu 6:35-9:10 Star & Strollers Screening Thu 1
Rango (PG) Fri 6:50-9:25 Sat-Sun 1:20-3:50-

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6:50-9:25 Mon-Thu 6:55-9:20 Star & Strollers Screening Thu 1

RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Listings not available at press time.

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

The Adjustment Bureau (PG) Fri-Sun 12:25-3:20-6:30-9:25 Mon-Thu 12:50-3:50-7:10-10
Battle: Los Angeles (14A) Fri-Thu 12:45-3:45-6:55-10:05
Beastly (PG) Fri-Sun 12:20-3:05-7:10-9:50 Mon-Thu 12:45-3:20-7:10-9:45
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 12:35-3:35-6:40-9:40 Mon-Thu 12:40-3:35-6:40-9:40
Gnomeo and Juliet (G) Fri-Sun 1:15-4:30-7:05 Mon-Tue 1:05-4:30-7:05 Wed 1:05-4:30 Thu 1:05-4:30-7:05
Hall Pass (14A) Fri-Sat 1:05-4:40-7:45-10:40 Sun 1:05-10:40 Mon-Thu 1:05-4:40-7:45-10:25
Hobo With a Shotgun (18A) Fri-Sun 1-4-7:40-10:25 Mon-Thu 1-4:05-7:40-10:25
Hop (G) No Passes Fri-Sun 12:2-30-5-7:30-10 No Passes Mon-Thu 1:15-4:10-7:15-10
Insidious (14A) No Passes Fri-Thu 12:30-3:30-7:10-10
The King's Speech (PG) Fri 12:05-3:10-6:35-10:10 Sat 3:10-6:35-10:10 Sun 12:05-3:10-6:35-10:10 Mon-Thu 12:30-3:25-6:35-10:10
The Last Godfather (PG) Fri-Sun 12:10-3:40-7:40-10:35 Mon-Thu 12:45-3:55-7:30-10:20
Limitless (PG) Fri-Sun 12:30-4:20-7:20-10:35 Mon-Thu 1:30-4:20-7:20-10:35
The Lincoln Lawyer (14A) Fri-Sun 12:10-3:55-7:25-10:30 Mon-Wed 12:35-3:55-7:25-10:30 Thu 3:55-7:25-10:30 Star & Strollers Screening Thu 1
Mars Needs Moms (G) Fri-Sun 12:40-3:25-7:05-9:35 Mon-Wed 12:55-3:40-7:05-9:35 Thu 12:55-7:05-9:35
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 10
One Flew Over the Cuckoo's Nest (18A) Wed 7
Paul (14A) Fri-Sun 12:50-4:25-7:50-10:45 Mon-Thu 12:50-4:25-7:50-10:30
Rango (PG) Fri-Sun 1-4-6:50-9:55 Mon-Thu 1-4-6:50-9:50
Red Riding Hood (PG) Fri-Thu 9:30
Source Code (PG) No Passes Fri-Wed 1:10-4:15-7:15-10 No Passes Thu 4:15-7:15-10 Star & Strollers Screening, No Passes Thu 1
Sucker Punch (14A) Fri-Sun 12:15-3-6:30-10:15 Mon-Thu 12:30-3:30-6:30-9:55
Sucker Punch: The IMAX Experience (14A) Fri-Thu 1-4-7-9:30
WWE Wrestlemania XXVII - 2011 (STC) Sun 4

BURNABY

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

Battle: Los Angeles (14A) Fri-Thu 9
Hop (G) No Passes Fri 4:45-6:45-8:45 No Passes Sat-Sun 12:45-2:45-4:45-6:45-8:45 No Passes Mon-Thu 4:45-6:45-8:45
Paul (14A) Fri-Thu 4:45-7
Rango (PG) Sat-Sun 12:30-2:30

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Battle: Los Angeles (14A) Fri-Sun 1:20-4:20-7:20-10:25 Mon-Tue 1:50-4:35-7:20-10:25 Wed 1:35-4:20-10:25 Thu 1:50-4:35-7:20-10:25
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 1:15-4:15-7:15-9:50 Mon-Thu 1:45-4:30-7:15-9:50
Hop (G) No Passes Fri-Sun 12:30-2:50-5:10-7:35-10 No Passes Mon-Thu 1:3:45-6:30-9:10
Limitless (PG) Fri-Sun 1:45-4:45-7:45-10:30 Mon-Thu 2:15-5:7:45-10:30
Paul (14A) Fri-Sun 12:55-3:55-6:55-9:45 Mon-Thu 1:25-4:10-6:55-9:45
Rango (PG) Fri-Sat 12:40-3:40-6:40-9:30 Sun 12:40-3:40-6:40-9:30 Mon-Thu 1:10-3:55-6:40-9:30
Red Riding Hood (PG) Fri-Sat 1:10-4:10-7:10-10:10 Sun 1:10-10:10 Mon-Thu 1:40-4:25-7:10-10:10
Source Code (PG) No Passes Fri-Sun 1:30-4:30-7:30-10:15 No Passes Mon-Thu 2-4:45-7:30-10:15
Sucker Punch (14A) Fri-Sun 1-4-7-9:40 Mon 1:25-4:15-7-9:40 Tue 1:30-4:15-7-9:40 Wed 1:25-4:15-7-9:40 Thu 1:30-4:15-7-9:40
WWE Wrestlemania XXVII - 2011 (STC) Sun 4

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

The Adjustment Bureau (PG) Fri 4:10-7:10-10:20 Sat 1:10-4:10-7:10-10:20 Sun 1:10-4:10-7:20 Mon-Thu 4:10-7:20
Beastly (PG) Fri 4:25-7:25-10:30 Sat 1:25-4:25-7:25-10:30 Sun 1:25-4:25-7:30 Mon-Thu 4:25-7:30
Gnomeo and Juliet (G) Fri 4:30-7:30 Sat 1:30-4:30-7:30 Sun 1:30-4:30 Mon-Thu 4:30
Harry Potter and the Deathly Hallows: Part 1 (PG) Fri 4-7:10 Sat 1-4-7:10 Sun 1-4-7 Mon-Thu 4-7
Insidious (14A) No Passes Fri 4:15-7:15-10:25 No Passes Sat 1:15-4:15-7:15-10:25 No Passes Sun 1:15-4:15-7:25 No Passes Mon-Thu 4:15-7:25
Just Go With It (PG) Fri-Sat 10:15 Sun-Thu 7:15
The King's Speech (PG) Fri-Sat 10:10 Sun-Thu 7:10
The Lincoln Lawyer (14A) Fri 4:05-7:05-10:05 Sat 1:05-4:05-7:05-10:05 Sun 1:05-4:05-7:05 Mon-Thu 4:05-7:05
Mars Needs Moms (G) Fri 4:20-7:20 Sat 1:20-4:20-7:20 Sun 1:20-4:20 Mon-Thu 4:20

NEW WEST/ COQUITLAM

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

The Adjustment Bureau (PG) Fri-Thu 1:20-4:15-7:05-9:50
Battle: Los Angeles (14A) Fri-Thu 1:05-3:50-6:55-10:05
Beastly (PG) Fri-Sun 1:25-3:50-6:30 Mon 1:25-3:50 Tue-Thu 1:25-3:50-6:30
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Thu 1:30-3:45-6:45-9:15
Gnomeo and Juliet (G) Fri-Tue 2-4:10-6:40-8:50 Wed 2-4:10-9:25 Thu 2-4:10-9:15
Hall Pass (14A) Fri-Sun 9 Mon 10 Tue-Thu 9
Hobo With a Shotgun (18A) Fri-Thu 1:40-4:20-7:30-10:15
Hop (G) No Passes Fri-Sat 12:30-3-5:15-7:35-9:50 No Passes Sun 12:30-3:30-6:25-9 No Passes Mon-Thu 1:15-4:05-7-9:30
Insidious (14A) No Passes Fri-Sun 1:25-4:25-7:45-10:15 No Passes Mon 1:25-4:25-7:35-10:15 No Passes Tue-Thu 1:25-4:25-7:45-10:15
Just Go With It (PG) Fri-Sat 12:40-3:25-6:40-9:30 Sun 12:40-9:30 Mon-Thu 1:05-3:50-6:40-9:30
The King's Speech (PG) Fri 12:50-3:35-6:35-9:25 Sat 3:35-6:35-9:25 Sun 12:50-3:35-6:35-9:25 Mon-Thu 1-3:45-6:35-9:25
The Last Godfather (PG) Fri-Thu 1:30-4:20-7:05-10:10
Limitless (PG) Fri-Thu 1:15-4-7:10-9:55
The Lincoln Lawyer (14A) Fri-Tue 1:10-4:05-6:50-9:40 Wed 1:10-4:05-6:50-10 Thu 1:10-4:05-6:50-9:40
Lord of the Dance 3D (G) Thu 7
Mars Needs Moms (G) Fri-Sun 12:35-3-5:25 Mon-Wed 1:45-4:10 Thu 1:40-4:10
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 10
One Flew Over the Cuckoo's Nest (18A) Wed 7
Paul (14A) Fri-Thu 1:30-4:15-7:25-10:15
Rango (PG) Fri-Tue 1-3:55-6:30-9:25 Wed 3:55-6:30-9:25 Thu 1-3:55-6:30-9:25 Star & Strollers Screening Wed 1
Red Riding Hood (PG) Fri-Thu 7:35-9:55
Source Code (PG) No Passes Fri-Tue 1:50-4:35-7:20-10:05 No Passes Wed 4:35-7:20-10:05 No Passes Thu 1:50-4:35-7:10:05 Star & Strollers Screening, No Passes Wed 1
Sucker Punch (14A) Fri-Thu 1-3:45-7-9:45 Fri-Thu 1:45-4:30-7:30-10:30
WWE Wrestlemania XXVII - 2011 (STC) Sun 4

SURREY/WHITE ROCK/LANGLEY

CLOVA
5732-176th St., Surrey, 604-541-9527

Gnomeo and Juliet (G) Fri-Sun 3:30
Paul (14A) Fri-Thu 8:55
Rango (PG) Fri-Sun 1:30
Red Riding Hood (PG) Fri-Thu 7

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

The Adjustment Bureau (PG) Fri-Thu 7:15
Gnomeo and Juliet (G) Fri-Sun 12:30-2:10-5:30-7:10 Mon-Thu 5:30-7:10
Hall Pass (14A) Fri-Thu 8:50
I Am Number Four (PG) Fri-Sat 2:45-9:15 Sun-Thu 9:15
Just Go With It (PG) Fri-Sun 12:30-7 Mon-Thu 7
Justin Bieber: Never Say Never (G) Fri-Sun 12:30
The King's Speech (PG) Fri-Thu 5
Red Riding Hood (PG) No Passes Fri-Thu 9:15
Tangled (STC) Fri-Sat 2:45-5 Sun 2:45 Mon-Thu 5
Yogi Bear (G) Fri-Sun 3:50

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Battle: Los Angeles (14A) Fri-Sat 12:50-3:50-6:45-9:40 Sun 12:50-6:45-9:40 Mon-Thu 12:50-3:50-6:45-9:40
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Thu 1:05-4:10-7:05-9:45
Game (STC) Fri-Thu 12:30-3:40-6:50-10
Hop (G) No Passes Fri-Sun 12:15-2:45-5:15-7:45-10:15 No Passes Mon-Thu 1:35-4:15-7:15-9:55
Insidious (14A) No Passes Fri-Thu 1:30-4:20-7:20-10:10
Limitless (PG) Fri-Tue 1:40-4:30-7:30-10:20 Wed 4:30-7:30-10:20 Thu 1:40-4:30-7:30-10:20 Star & Strollers Screening Wed 1
The Lincoln Lawyer (14A) Fri-Thu 1:10-4:05-7:10-10:05
Paul (14A) Fri-Thu 1:20-4-6:40-9:30
Rango (PG) Fri-Sat 12:40-3:30-6:30-9:20 Sun 12:40-3:30-9:20 Mon-Thu 12:40-3:30-6:30-9:20
Source Code (PG) No Passes Fri-Sun 1:50-4:45-7:50-10:30 No Passes Mon-Tue 1:50-4:45-7:50-10:20 No Passes Wed 4:45-7:50-10:20 No Passes Thu 1:50-4:45-7:50-10:20 Star & Strollers Screening, No Passes Wed 1
Sucker Punch (14A) Fri-Thu 1-3:45-7-9:50
West Is West (PG) Fri-Sun 1:45-4:40-7:35-10:25 Mon-Thu 1:45-4:40-7:35-10:15
WWE Wrestlemania XXVII - 2011 (STC) Sun 4

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

Battle: Los Angeles (14A) Stadium Seating, Dolby Stereo Digital Fri 6:35-9:15 Stadium Seating, Dolby Stereo Digital Sat-Sun 1:15-4-6:35-9:15 Stadium Seating, Dolby Stereo Digital Mon-Thu 4-6:35-9:15
Diary of a Wimpy Kid: Rodrick Rules (G) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:40-4:30-7:35-10:05 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:30-7:35-10:05
Gnomeo and Juliet (G) Stadium Seating, Dolby Stereo Digital Fri-Sun 2:10-4:55 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:55
Gulliver's Travels (G) Fri 1:20-4:05
Hobo With a Shotgun (18A) Stadium Seating, Dolby Stereo Digital Fri-Thu 7:20-10:15
Hop (G) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:45-4:40-7-9:50 Dolby Stereo Digital, Stadium Seating Mon-Thu 4:40-7-9:50
Insidious (14A) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:30-4:20-7:15-9:45 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:20-7:15-9:45
Limitless (PG) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:55-4:35-6:55-9:30 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:35-6:55-9:30
The Lincoln Lawyer (14A) Stadium Seating, Dolby Stereo Digital Fri 6:50-9:35 Stadium Seating, Dolby Stereo Digital Sat-Sun 1:20-4:05-6:50-9:35 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:05-6:50-9:35
Mars Needs Moms 3D (G) Stadium Seating, Dolby Stereo Digital Fri-Sat 2:05-4:05-7:10-9:55 Stadium Seating, Dolby Stereo Digital Sun 2:05-9:55 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:05-7:10-9:55
Paul (14A) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:35-4:25-6:45-9:25 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:25-6:45-9:25
Rango (PG) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:50-4:15-7:05-10:10 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:15-7:05-10:10
Source Code (PG) Stadium Seating, Dolby Stereo Digital Fri-Sun 2-4:45-7:30-10 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:45-7:30-10
Sucker Punch (14A) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:25-4:10-6:40-9:20 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:10-6:40-9:20
WWE Wrestlemania XXVII - 2011 (STC) No Passes Sun 4
Yogi Bear (G) Fri 1:15-4

RIALTO
1732-152nd Street, White Rock, 604-541-9527, criterionetheatres.com

Incendies (PG) Fri 7:10-9:30 Sat 2-7:10-9:30 Sun 2-7:30 Mon-Thu 7:30
The Lincoln Lawyer (14A) Fri 7-9:15 Sat-Sun 2:10-7-9:15 Mon-Thu 7-9:15

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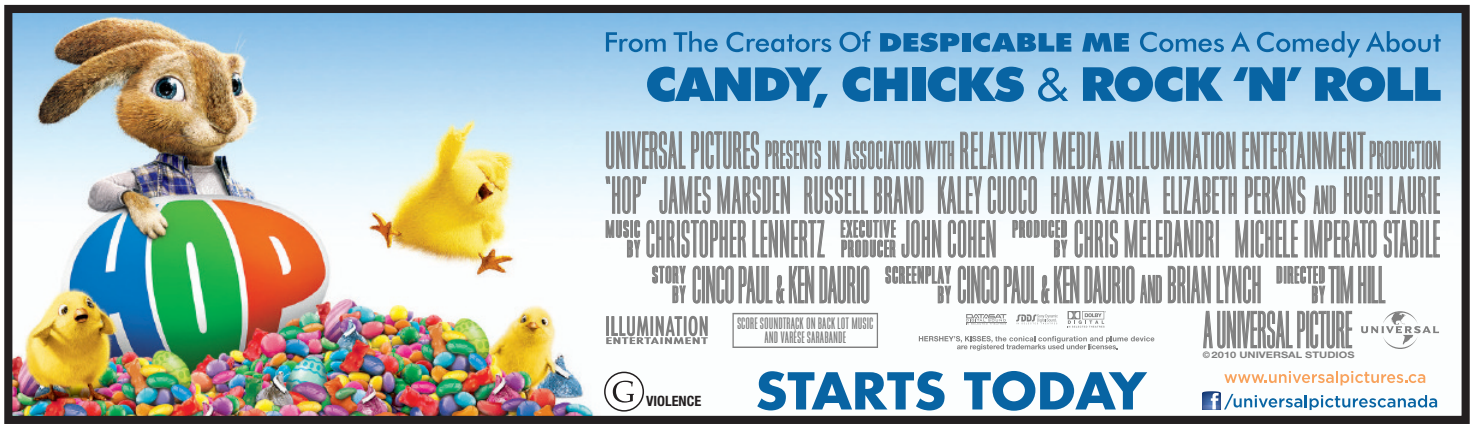
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 2:20-7:20-9:20 Mon-Thu 7:20-9:20
Hop (G) Fri-Sun 2-7-9 Mon-Thu 7-9
Source Code (PG) Fri-Sun 2:30-7:30-9:30 Mon-Thu 7:30-9:30
Sucker Punch (14A) Fri-Sun 2:10-7:10-9:25 Mon-Thu 7:10-9:25

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

The Adjustment Bureau (PG) Fri-Sun 1:05-4:15-7:25-10:10 Mon-Tue 4:15-7:25-10:10 Wed 7:25-10:10 Thu 4:15-7:25-10:10 Star & Strollers Screening Wed 3
Battle: Los Angeles (14A) Fri-Sun 1-4:05-7:30-10:20 Mon-Thu 4:35-7:30-10:20
Beastly (PG) Fri-Sun 12:55-3:35-7:10-9:35 Mon-Thu 4:30-7:10-9:35
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 12:45-3:55-6:50-9:25 Mon-Thu 3:55-6:50-9:25
Gnomeo and Juliet (G) Fri-Sun 1:30-3:55-6:35-9:05 Mon-Wed 3:55-6:35-9:05 Thu 3:55-9:05
Hall Pass (14A) Fri 12:50-3:50-6:55-9:50 Sat 3:50-6:55-9:50 Sun 12:50-3:50-6:55-9:50 Mon-Thu 3:50-6:55-9:50
Hobo With a Shotgun (18A) Fri-Sun 1:40-4:45-7:05-9:40 Mon-Thu 4:45-7:05-9:40
Hop (G) No Passes Fri-Sun 12:30-3:30-6:30-9 No Passes Mon-Thu 3:50-6:30-9
Insidious (14A) No Passes Fri-Sun 1:25-4:20-7:40-10:25 No Passes Mon-Thu 4:20-7:40-10:25
Just Go With It (PG) Fri-Sat 1:25-4:25-7:35-10:15 Sun 1:25-4:25-10:15 Mon-Thu 4:25-7:35-10:15
Limitless (PG) Fri-Sun 1:35-4:10-7:20-10:05 Mon-Thu 4:10-7:20-10:05
The Lincoln Lawyer (14A) Fri-Sun 12:35-3:45-7-9:55 Mon-Thu 3:45-7-9:55
Lord of the Dance 3D (G) Thu 7
Mars Needs Moms (G) Fri-Sun 1:10-4:10-6:45-9:20 Mon-Tue 4:05-6:45-9:20 Wed 4:05-9:55 Thu 4:05-6:45-9:20
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 10
One Flew Over the Cuckoo's Nest (18A) Wed 7
Paul (14A) Fri-Sun 1:15-4:35-7:50-10:30 Mon-Thu 4:50-7:50-10:30
Rango (PG) Fri-Sun 12:40-3:40-6:40-9:30 Mon-Thu 4-6:40-9:30
Red Riding Hood (PG) Fri-Sat 1:45-4:40-7:10-9:45 Sun 1:45-7:10-9:45 Mon-Thu 4:40-7:10-9:45
Source Code (PG) No Passes Fri-Sun 1:20-4-7:15-10 No Passes Mon-Tue 4:20-7:15-10 No Passes Wed 7:15-10 No Passes Thu 4:20-7:15-10 Star & Strollers Screening, No Passes Wed 3
Sucker Punch (14A) Fri-Sun 1:30-4:30-7:45-10:30 Mon-Thu 4:30-7:45-10:30
Sucker Punch: The IMAX Experience (14A) Fri-Sun 1-4-7-9:45 Mon-Wed 4-7-9:45 Thu 7:30-10:15
WWE Wrestlemania XXVII - 2011 (STC) Sun 4

TWILIGHT DRIVE-IN
260th Street & Fraser Highway, Langley, 604-856-5063

The Lincoln Lawyer (14A) Fri-Thu 9:45
Source Code (PG) Fri-Thu 8



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▶ Actor Colm Feore in The Borgias.

TV's Wipeout spills into

Canucks take on the famous obstacle course

MEAGAN GILL
SCENE@METRONEWS.CA

All of the skill and hilarity of the hit show Wipeout is getting a northern twist.

Wipeout Canada, which premieres Sunday on TV-Tropolis, features 260 Canadians taking on the famous Wipeout course, completing a series of obstacles to claim the $50,000 prize.

The show had 45,000 Canadian applicants in one month.

"What stuck out for the audition process were personalities," said co-host Ennis Esmer. "Whether it was [someone who] studied fire ants or a 60-year-old naked-volleyball-playing grandmother."

Esmer claims the contestants are what make the show so popular and give the show its identity.

A few of the obstacles the contestants will face are racing through "topple towers," bouncing on the infamous "big balls" and climbing across the "sucker punch wall."

"I think everyone still has that little kid in them and it's just like a great big playground," said fellow co-host Jessica Phillips.

The contestants all have various plans of what they would do if they won the money.

While some said they would use the money to pay off debt or tuition, there were some more interesting answers.

"One woman was like, 'I want to get breast im-

▶ Ennis Esmer and Jessica Phillips, two of three hosts of Wipeout Canada.

SUBMITTED

Murder, mistresses and the pope on TV's The Borgias

New 15th century drama depicts moral ambiguities of 'first crime family' Premieres Sunday on Bravo!

IAN JOHNSTON
SCENE@METRONEWS.CA

Actor Colm Feore is up for almost anything — be it a lavish TV period drama, a summer blockbuster or a small Canadian documentary series.

"I do whatever it takes to keep the kids in shoe leather," says Feore, best known for such diverse works as 32 Short Films About Glenn Gould and Pearl Harbor.

"And I have to keep myself interested of course. It's always about what interests me."

What currently interests him is The Borgias, a 15th century TV drama about Rodrigo Borgia (Jeremy Irons), who would become Pope Alexander VI.

Far from being a costumed tale of courtly manners, The Borgias is being promoted as "the first crime family." And it's not hard to see why. Directed by Neil Jordan (Mona Lisa, The Crying Game), The Borgias is a devilish, sometimes shocking look at a decidedly unconventional pope who, among other things, had a family, a mistress and ruthless methods to getting his way.

"It is very Godfather," says Feore, who plays the equally manipulative pope wannabe Cardinal Rovere. "You see Borgias' motivations. He wants to protect his family. He wants his kids to do well. And to do it, he's willing to kill people."

The actor says the moral ambiguities in The Borgias are such that he was under the belief his character was the "good guy" all through production.

"I saw Rovere as the shining hero of the piece. Then Neil comes up to me at the wrap party and asks me what it's like to be the bad guy."

Feore — who can currently be heard narrating History Channel's Museum Secrets — has another big costume epic set to premiere. In the highly anticipated 3-D summer blockbuster Thor, he plays Laufey, the Warrior King of the Frost Giants. Huh?

"I'm nine-and-a-half-feet tall and blue," laughs Feore, who spent hours in make-up for the role. "Director Kenneth Branagh ran the whole thing like a military operation. It's massive and massively cool."

The Borgias premieres this Sunday on Bravo! The movie Thor opens in theatres in May.

Canada

SUBMITTED

plants for me and all my friends,'" said Esmer.

He said Wipeout Canada could just be "the greatest example of humankind's triumph over adversity since the moon landing or the industrial revolution."

TV picks

Paltrow traces family tree

REALITY. Gwyneth Paltrow traces the origins of her paternal grandfather on Who Do You Think You Are? Along the way, an investigation into her mother's side reveals deep roots in the Caribbean island of Barbados. (Friday, Citytv, NBC)

Chaos reigns in new series

DRAMEDY. The new dramedy Chaos centres on a group of rogue CIA spies mired in bureaucratic gridlock, rampant incompetence and political infighting. In the premiere, newbie Rick Martinez is partnered with three unruly agents who learn he is actually a mole out to cut their jobs. (Friday, Global, CBS)

Sir Elton to host SNL

SNL. Saturday night's alright for fighting — and for hosting Saturday Night Live. Sir Elton John is the special guest on the live comedy show, and he pulls double duty as both host and musical guest. Joining him for the musical segments will be Leon Russell. (Saturday, Global, NBC)

Canuck comic lets loose

STAND-UP. Former SNL star Norm Macdonald lets loose in his first one-hour stand-up special, Norm Macdonald: Me Doing Stand-Up. The Canadian comic covers a range of topics in this joke-a-thon, including cheating death, 24-hour news stories and cheese sandwiches. (Saturday, The Comedy Network)

THE CANADIAN PRESS

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Lohan plans move to New York City

Hopes to leave legal problems behind Looking for a place with her brother Has friends in the city

With one California legal drama done and another set to be decided next month, Lindsay Lohan is leaving the state behind and heading back to New York, her mom, Dina Lohan, says, according to Hollyscoop. "She will be in New York a lot more going forward. She's actively looking for places in the city with her younger brother Michael," Dina says. "She loves it here. And she has a lot of friends who already have places, so she might sublet."

METRO

ALL PHOTOS GETTY IMAGES FILE

Lindsay Lohan

Courteney Cox

Josh Hopkins

Cox, Hopkins getting together?

Courteney Cox was spotted this week cavorting in the Caribbean with her Cougar Town co-star, Josh Hopkins, and her daughter, Coco, according to People magazine.

The co-workers have dodged rumors of a more serious off-camera relationship since Cox separated from her husband, David Arquette. But while the vacation isn't work-related, Cox's rep insists, "The relationship is strictly platonic and they are away with a group of friends on vacation."

METRO

Arnold really is The Governator

With his years as governor behind him, Arnold Schwarzenegger will soon return to his acting career with a new animated TV series. The planned action-comedy cartoon is called The Governator, according to A Squared Entertainment. It will focus on a superhero living a double life as an ordinary family man. Schwarzenegger will provide the voice of the title character.

Comic-book legend Stan Lee is another partner in the project, which will be

Arnold Schwarzenegger

officially announced Monday at the MIPTV trade show in Cannes, France.

The series is planned as the first stage of a franchise that could also include comics and films.

ASSOCIATED PRESS

Pattinson believes in fidelity

Rob Pattinson is a one-woman man and abhors infidelity, he tells the Italian edition of Vanity Fair. "Life is not black and white ... [but] there is one thing I never understood: why people cheat," says Pattinson, who is believed to be in a long-term relationship with Twilight co-star Kristen Stewart.

"My parents met when

Robert Pattinson

my mom was 17 and my father 25, they are still together and seem very happy. I grew up believing that you can be together all of your life."

METRO

Talking points

Miley: It shouldn't be so easy

OPINION. Miley Cyrus isn't impressed with 13-year-old viral video sensation Rebecca Black, whose song Friday has received more than 60 million views on YouTube.

"It should be harder to be an artist," Cyrus tells Australia's Daily Telegraph.

"You shouldn't just be able to put a song on YouTube and go out on tour."

METRO

Miley Cyrus

Celebrity tweets

Lily Allen [@lilyroseallen]
Oh and whoever leaked my wedding invite to the press, you're a d--- and your not invited anymore, have some respect and stay at home.

Elijah Wood [@woodelijah]
just so y'all know @elijahjwood isn't me.

Denise Richards [@DENISE_RICHARDS]
oh boy...Lola wants to bring about 15 different colors of nail polish on our trip! ..got her down to 3

Sarah Silverman [@SarahKSilverman]
As I write this I'm in an unmoving airport security line standing completely still in a stranger's fart.

Add a dash of romance to dinner

Impress your love with this Filet Mignon with Pomegranate Burgundy Sauce Although the meal looks elaborate, it's actually simple to make

How do you create a meal that is at once romantic?

To start, try this very simple Filet Mignon with Pomegranate Burgundy Sauce.

The recipe starts with getting just the right cut of beef.

The tenderloin that filet mignon is cut from is on the leaner side, with about seven grams of fat per 125-gram (four-ounce) portion. That's not bad, especially since a bit of fat will add a lot of flavour.

Normally, when preparing velvety, rich sauces, most recipes call for starting with a generous dollop of fatty butter or oil.

This recipe does away with that, instead starting with tangy pomegranate juice and dry red wine.

But the real secret here is using some veal demi-glace to add flavour, body and texture.

A good meat stock is made by roasting the bones, then simmering them for a long time with a variety of very aromatic vegetables.

At some point, the solids are stained out and the liquid is reduced until it has intense flavour and the gelatin from the bones has given it a smooth, almost viscous texture.

It's the rich flavour and velvety texture of this kind of stock that can give a sauce a luxurious, glossy feel, without the need to lard it with butter.

Best of all, you don't need to bother with all that roasting and simmering.

Excellent prepared demi-glace products are available at many grocers.

LARRY CROWE/ THE ASSOCIATED PRESS

▶ Filet mignon is a great choice to serve during a romantic dinner for two.

Preparation:

1. Heat oven to 100 C (200 F). Season steaks with salt and pepper.
2. Heat a 25-cm (10-inch) cast-iron or other heavy skillet over medium for 2 minutes. Add 10 ml (2 tsp) of the oil and swirl to coat the bottom of the pan. Increase heat to medium-high.
3. Add steaks and cook 4 minutes per side for medium-rare. Transfer filets to ovenproof dish and place in heated oven (steaks will cook a bit more in the oven).
4. Return skillet to medium heat and add remaining 5 ml (1 tsp) oil and shallot. Sauté until shallot has softened, about 1 minute. Add wine and cook for 1 minute. Add demi-glace and pomegranate juice and increase heat to high to bring sauce to a boil. Cook, stirring occasionally, until sauce has reduced by half and thickened.
5. Spoon sauce over the filets and serve, garnished with chives and pomegranate seeds, if desired.

THE ASSOCIATED PRESS

Ingredients:

- 2 beef filet mignon (125 g/4 oz each)
- 1 ml (1/4 tsp) kosher salt
- Ground black pepper, to taste
- 15 ml (3 tsp) extra-virgin olive oil, divided
- 1 medium shallot, minced
- 75 ml (1/3 cup) dry red wine
- 75 ml (1/3 cup) pomegranate juice
- 125 ml (1/2 cup) veal demi-glace
- 30 ml (2 tbsp) chopped fresh chives
- 30 ml (2 tbsp) pomegranate seeds (optional)

Evoke the spirit of a changing season

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

When you have dogs, a backyard cleanup is less about leaf-raking and more about poop patrol. That thought came to me when a break in the winter weather saw me making my grounds more people friendly.

Of course, a fine beverage is the best reward for a nasty job well done. And a white wine with lots of thirst-quenching, tropical fruit flavour and aromatics evokes the season's spirit.

While something made from riesling or torrontés would be fine, Ironstone Vineyards' 2009 Obsession ($14.95 - $16.99) breaks the mold of the somewhat familiar by using the symphony grape — a cross between muscat of alexandria and grenache gris.

If it swims, clucks or is served in a bowl with a cream sauce, the clean acidity and ripe fruit components of this off-dry wine will make for a fine dinner partner. Salads, vegetables, shellfish and any dish that throws a bit of heat will also work like a charm with this unique palate cleanser.

PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

3 life

Kitchen safety

Follow these food tips to keep your kitchen safe.

- Designate a separate cutting board for meat and one for vegetables.
- To keep your kitchen counters clean, choose a product with naturally-derived ingredients.
- Make sure expiry dates on food containers are visible.

NEWS CANADA

FDA examines links between food dyes and hyperactivity in children.

4 sports

Canucks clinch NHL's best record

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Kings defenceman Drew Doughty crashes in front of Canucks goalie Roberto Luongo Thursday night.

Have broken team records in wins, road wins and points this season

Defenceman Christian Ehrhoff scored with less than one second left in the second period to break a 1-1 tie as the Vancouver Canucks defeated the Los Angeles Kings 3-1 Thursday night to claim the NHL's Presidents' Trophy for the first time in franchise history.

NHL leading scorer Daniel Sedin hit the 100-point mark by scoring once and assisting on Ryan Kesler's power-play goal as the Canucks improved their record to 52-17-9 for 113 points. Kesler's goal came on a two-man advantage in the third period.

The Canucks will finish the regular season with the best record in the league and enjoy home-ice advantage throughout the playoffs. They were given the chance the finish first overall when the Philadelphia Flyers lost 1-0 to the Atlanta Thrashers earlier in the night.

Kyle Clifford scored for the Kings, who saw a four-game win streak snapped. Los Angeles' record is 44-27-6 for 94 points.

In the third period, Clifford was given a five-minute major for checking from behind and a game misconduct after driving Canuck defenceman Chris Tanev head-first into the boards.

After spending several minutes on the ice Tanev was helped to the dressing room.

The Canucks have won five games in a row.

THE CANADIAN PRESS

3	1
CANUCKS	KINGS

Quoted

"I was busting it out of the box. Didn't necessarily want to slide, but I had to."

ATLANTA'S CHIPPER JONES. RETURNING FROM MAJOR KNEE SURGERY, JONES DOUBLED BEFORE SCORING THE 2011 SEASON'S FIRST RUN, HELPING THE BRAVES BEAT THE WASHINGTON NATIONALS 2-0.

Scan code for more sports

Crosby skates with teammates in Tampa

Pittsburgh Penguins centre Sidney Crosby, sidelined for nearly three months with a concussion, resumed his attempted comeback Thursday.

He took part in the non-contact game-day skate as Pittsburgh prepared for its matchup with Tampa Bay.

The Penguins captain is not yet ready to participate in full practices. A return for the post-season has not been entirely ruled out.

"It was a lot of fun to be back out there. It's just a small step, with a lot to go."
SIDNEY CROSBY

"There's actually no expectations on when the next step after this one would be," Penguins coach Dan Bylsma said. "He'd still have to return to a full practice, and then return to contact."

Crosby began individual workouts March 14 and has reported no setbacks.

"It's the same thing with every step, make sure that you don't get symptoms," Crosby said. "Obviously, it's just one day. Try and get through each step." THE ASSOCIATED PRESS

Sports in brief

Zito in accident in Los Angeles

MLB. San Francisco Giants pitcher Barry Zito showed up at Dodger Stadium wearing a neck brace yesterday after his car was broadsided.

The crash occurred around 8 p.m. Wednesday, Los Angeles County Sheriff's spokesman Sgt. Joseph Morien said.

Manager Bruce Bochy said Zito was to have an MRI exam.

THE ASSOCIATED PRESS

Wall suspended for Heat clash

NBA. Wizards rookie John Wall has been suspended one game without pay after a scuffle with Juwan Howard and Zydrunas Ilgauskas of Miami in the Heat's 123-107 win over Washington Wednesday night.

Howard was handed a $35,000 US fine and Ilgauskas was fined $25,000. THE ASSOCIATED PRESS

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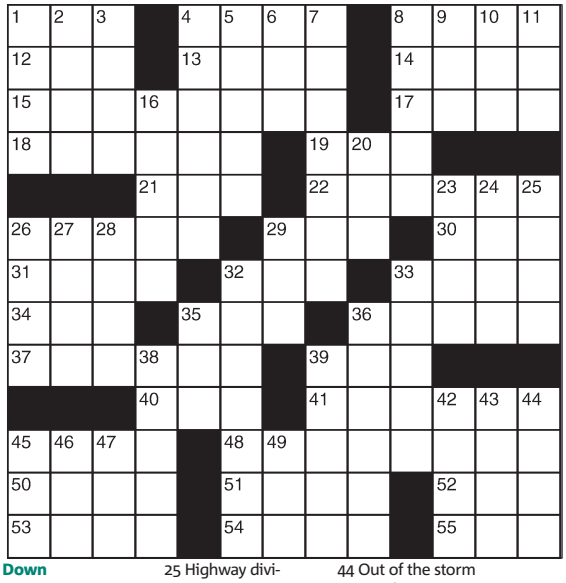

Across

1 Male cat
4 Potter's oven
8 Zeus' wife
12 "— Little Teapot"
13 Sandwich cookie
14 Exam format
15 Museum head?
17 Scruff
18 Communist council
19 Environmentally friendly
21 Daisy —
22 Doorway
26 Most likely dice throw
29 Jewelry store chain that "every kiss begins with"
30 A Gershwin
31 Tramcar loads
32 U.K. reference bk.
33 Acute
34 Census stat
35 Aviate
36 Hospital employee
37 Not svelte
39 Foundation
40 Drone
41 Dermatologist's case
45 Shrink session
48 Part of Iberia
50 Approximately
51 Concept
52 Nay canceler
53 Sketch
54 Month after Shevat
55 Fawn's mama

Down

1 Gratuities
2 Melville novel
3 Sportscaster Albert
4 Seoul man
5 Angry
6 Island garland
7 Tablet
8 Esteem
9 Historic time
10 Knock
11 Brewery product
16 London spaper
20 Coquettish
23 Layer
24 Greek war god
25 Highway division
26 Daytime drama
27 Therefore
28 Swerve
29 Crucial
32 Puget Sound capital
33 Spreading plant
35 Winter bug
36 Sweet drink
38 Pitch
39 Kentucky college town
42 "Zounds!
43 Sandwich spread
44 Out of the storm
45 Scuttle
46 Stick figure?
47 Can. neighbor
49 Peculiar

▶ Yesterday's answer

A	C	N	E	■	D	O	I	T	■	A	B	C
P	L	A	T	■	O	B	O	E	■	Q	U	A
E	U	P	H	O	N	I	U	M	■	U	R	N
S	E	A	N	C	E	■	■	P	L	A	N	T
■	■	■	I	T	■	S	C	O	U	R	■	■
O	P	E	C	■	B	A	A	■	G	I	G	S
N	U	N	■	A	L	P	■	U	P	A	■	■
O	N	C	E	■	B	E	E	■	I	M	A	M
■	■	O	K	A	Y	S	■	O	R	■	■	■
W	O	M	E	N	■	■	E	V	I	N	C	E
A	L	I	■	G	Y	M	N	A	S	I	U	M
F	L	U	■	S	E	E	D	■	E	C	R	U
T	A	M	■	T	A	G	S	■	S	E	T	S

Sudoku

				5		7	4	9
		8						2
	2				4		5	
			1			8		
9	7		3		2		6	5
		3			6			
	3		8				7	
1						3		
6	8	5		1				

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	4	7	9	8	6	5	2	3
8	5	2	7	4	3	9	6	1
9	6	3	5	2	1	8	7	4
3	1	8	2	7	9	4	5	6
2	9	5	6	1	4	7	3	8
4	7	6	3	5	8	1	9	2
5	3	1	4	6	7	2	8	9
6	2	4	8	9	5	3	1	7
7	8	9	1	3	2	6	4	5

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Machuh, "whenever I'm with you, something inside"...Hope you have a great day dahl'n. <3 u **WEIGH**

Happy birthday! I love you so much and can't wait to see you! Tomorrow is going to be awesome! **LOVE, MARCI**

To my sexy yeti: I'm looking forward to lots of cuddling and gaming this weekend! You're my level 90 boyfriend **YOURS BIG BELUGA**

Hi smuggle, Just wanted to say you mean the world to me Matthew C. ;so happy I'm spending the rest of my life with YOU!! And just remember meow cats have meow cat feet lol love you<3. **YOUR SMUGGLE**

Dear Nubbin, happy 1 year! Ever since our first night under the huge orange moon, I knew I was madly in love with you. You're my better half. **LOVE ALWAYS, TALLSTACK**

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Saturday
9°/4°
Showers
40%
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Others may go out of their way to prove that you are wrong, but you're having none of it. You know momentum is on your side, whatever the facts might say. You really don't have to care what others believe.

♉ Taurus April 21-May 21 Resist the temptation to look at the world as if everything that happens is a disaster. Focus only on good news. There's plenty of it, if you care to look.

♊ Gemini May 22-June 21 Check the small print carefully because while Mercury (your ruler) is moving retrograde, others may try to convince you that you've got the best deal when, in fact, they will profit a lot more than you.

♋ Cancer June 22-July 22 The more others try to persuade you to do something that you aren't convinced is in your best interests, the more you must resist. Stand up for yourself.

♌ Leo July 23-Aug.23 Cosmic activity in your fellow Fire sign of Aries will fill your head with big ideas but not all of those ideas will be practical. So, don't get carried away. New opportunities are in the process of developing. Wait.

♍ Virgo Aug. 24- Sept. 22 Someone you usually get along with may say something a hurtful today, but don't let it get to you. He or she just doesn't share your ability to see how easily ill-chosen words can offend.

♎ Libra Sept. 23-Oct. 23 You have nothing to prove and everything to look forward to. Even if you find that a bit hard to believe, changes over the weekend and early next week will convince you that life is still very much worth living.

♏ Scorpio Oct. 24-Nov. 22 If someone shamelessly flatters you, it's a sign he or she is after something — most likely your money. Don't be taken in by his or her honeyed words.

♐ Sagittarius Nov. 23-Dec. 21 You may be worried that your run of good fortune is coming to an end but nothing could be further from the truth. Both the moon and Mars will bring more goodies your way in the next few days.

♑ Capricorn Dec. 22-Jan. 20 Why are you convinced that a rival lurks round every corner? What you need to realize today is that allowing yourself to think that way increases the chances of it happening.

♒ Aquarius Jan. 21-Feb. 18 You don't lack confidence but there is a real danger you might start believing that nothing is beyond you, which could lead to you taking too many risks. Make sure you know your limits.

♓ Pisces Feb. 19-March 20 Let others have the last word today, regardless of whether or not they deserve it. The last thing you need now is to get into an argument over something trivial. SALLY BROMPTON

Caption contest

MATTHAIS SCHRADER/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

DMITRY LOVETSKY/ THE ASSOCIATED PRESS

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